

HEART ROOT YOGA PRESENTS



SUMMER 2023

OUTDOOR YOGA CLASSES

YOGA IN THE
BLAIRSDEN
GARDEN CENTER
Fridays, 8-9am

YOGA IN THE
GRAEAGLE PARK
Sundays, 9-10am



Beginner friendly, mats provided.
\$20. Cash, check or venmo accepted.
Register online or upon arrival.

info@heartrootyoga.com
530-420-6585